

## LUNCH MENU

## OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>3</b> Chicken Penne Alfredo Flatbread Cheese Pizza Box ()	<b>4</b> National Taco Day Beef Soft Tacos Turkey & Cheese Sub	5 Breakfast for Lunch Scrambled Eggs with Toast & & Sausage Buffalo Ranch Chicken Salad	6 Egg Fried Rice Popcorn Chicken Salad	<b>7</b> Corn Dog Southwest Chicken Wrap	JATS
10 No School	<b>11</b> Ranch Chicken Club Flatbread Sandwich <b>1</b> Italian Salad <b>1</b>	<b>12</b> LTO: Beef Tater Tot Nachos Chicken Caesar Wrap	<b>13</b> LTO: Beef Tater Tot Nachos Baja Salad & Tortilla Chips ()	<b>14</b> Hot Dog Ham & Cheese Sub <b>0</b>	STAY UP TO DATE
<b>17</b> Cheddar Broccoli Baked Potato <b>()</b> Chicken Caesar Salad	18 National Pasta Day Spaghetti Carbonara O Turkey & Cheese Sub	<b>19</b> Chicken Fried Steak & Roll Flatbread Cheese Pizza Box ()	20 Cheese Quesadilla ● Popcorn Chicken Salad	<b>21</b> BBQ Chicken Sandwich Honey Mustard Chicken Wrap	
<b>24</b> Mac & Cheese Buffalo Ranch Chicken Salad	<b>25</b> Orange Popcorn Chicken & Rice Turkey & Cheese Sub	26 Chicken Quesadilla SunButter & Jelly Sandwich ()	27 Grilled Cheese & Tomato Soup (*) Cobb Salad (*)	<b>28</b> Fish Sticks & Roll Grilled Chicken Salad	LISD Child Nutrition
<b>31</b> Happy Halloween Cheesy Baked Penne Italian Salad <b>0</b>					isd.net/childnutrition

Pizza: Cheese () Pizza and Pepperoni () Pizza (M/W/F), Cheese Pizza Sticks (T/Th) () Grill: Chicken Sandwich (M), Hamburger & Cheeseburger (T/Th), Popcorn Chicken and/or Nuggets (W/F)

All meals offered with a choice of fruit, vegetable and milk (1% white or skim chocolate) V Denotes vegetarian item **P** Denotes pork item

\*Menu subject to change



F LISD Child Nutrition

**@LISDNutrition** 

© 2022 Aramark K-12 Education. All Rights Reserved. This institution is an equal opportunity provider.